



Revive & Thrive Project

Nourishing the community, one meal at a time.

2023 IMPACT REPORT

Revive & Thrive Project provides **nutritious, home-delivered meals** to individuals facing serious illness in greater Grand Rapids, Michigan. Healthy meals are provided for up to 24 weeks to community members who are affected by cancer, organ transplant, heart failure, and other critical illnesses. Meals are provided to caregivers and family members as well to reduce stress on the entire family.

17,765

healthy meals served

272

people served



58%

**INCREASE
FROM 2022**



27%

**INCREASE
FROM 2022**

1,743

**home deliveries
completed**



3,724

**total volunteer hours
contributed**



**CLIENT AGES,
INCLUDING
FAMILY
SERVED**

11%

**children
under 18**

48%

**adults
18-59**

41%

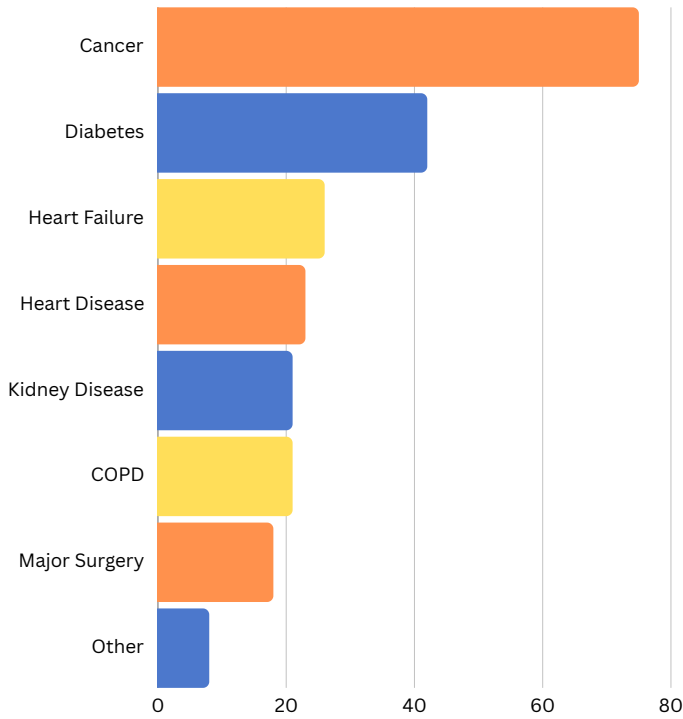
**seniors
over 60**



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DIAGNOSES



MOST COMMON NUTRITION RISK FACTORS BEFORE MEAL SERVICE

54% - I am not always able to shop or cook for myself.

49% - My food intake has declined over the past 3 months due to loss of appetite or inability to prepare meals.

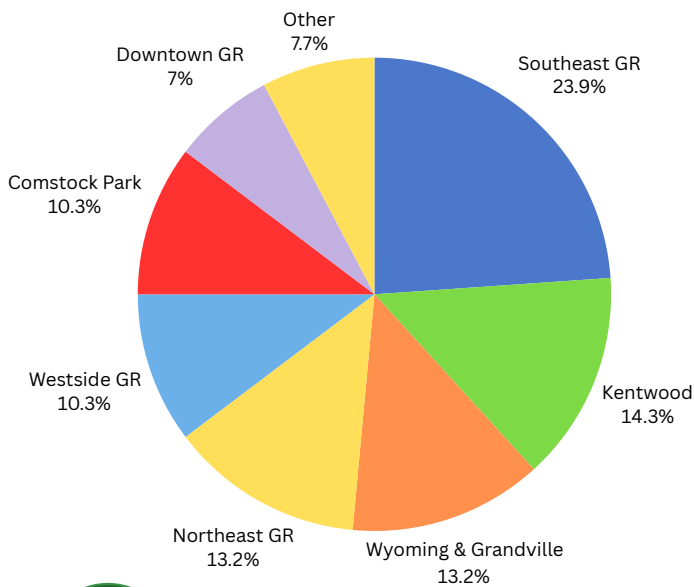
44% - My illness changes the type or amount of food I can eat.

40% - Without wanting to, I have lost 10 or more pounds in the past 6 months.

35% - I eat alone most of the time.

**Diagnoses reported by referring medical personnel or social workers at time of referral submission. Nutrition risk assessments are self-reported by clients at time of enrollment. Clients may have more than one diagnosis and nutrition risk factor.*

AREAS SERVED



ECONOMIC FACTORS

\$23,500 average household income for all clients

61% have low household income*

*Under 200% of Federal Poverty Guidelines

27% are living in poverty**

**Under 100% of Federal Poverty Guidelines

33% report they do not have enough money to buy the food they need



Revive & Thrive Project is a 501(c)3 non-profit organization. 2023 funding partners include:



REVIVE & THRIVE PROJECT

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