



Revive & Thrive Project

Nourishing the community, one meal at a time.

# MEAL SERVICE IMPACT REPORT MARCH 2024

Revive & Thrive Project provides **nutritious, home-delivered meals** to individuals facing serious illness in greater Grand Rapids, Michigan. Healthy meals are provided for up to 24 weeks to community members who are affected by cancer, organ transplant, heart failure, and other critical illnesses.

## MARCH 2024 BY THE NUMBERS

**1,568**

healthy meals served

**99**

people served

**140**

home deliveries completed

**28%**

senior citizens over 60

**449**

total volunteer hours  
contributed

**22%**

children under 18

## PRIMARY DIAGNOSES AMONG MEAL RECIPIENTS:

**55%**

CANCER

**8%**

MAJOR SURGERY

**5%**

OTHER  
(COPD, HEART DISEASE)

**27%**

DIABETES

**5%**

CONGESTIVE  
HEART FAILURE

**18%**

MULTIPLE CHRONIC  
CONDITIONS



Revive & Thrive Project is a 501(c)3 non-profit organization. Funding partners include:

*Kent County  
Senior Millage*



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## 2024 IMPACT TO DATE

**5,094**

healthy meals served

**163**

people served

**474**

home deliveries completed

**29**

teen chefs

**1,220**

total volunteer hours  
contributed

**287**

teen volunteer hours

## ALL-TIME IMPACT SINCE 2015

**1,211**

PEOPLE SERVED

**74,497**

HEALTHY MEALS  
SERVED

**22,450+**

VOLUNTEER  
HOURS  
CONTRIBUTED



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## TREMENDOUS TEEN CHEFS!



To date in 2024, Revive & Thrive has welcomed **29 teen chefs from 11 area high schools** into our kitchen.

We are excited to have already exceeded our total number of teen chef participants compared to 2023. These teen chefs have already volunteered 76% of the total hours contributed in 2023, in just 3 months.



Overall, they have spent 287 hours learning culinary skills, nutrition, teamwork, and job skills while creating thousands of beautiful, healthy meals. We are grateful for all that these teens contribute and learn in the kitchen!

## MEAL RECIPIENT THANK-YOU NOTES

*"This program is top notch! I am learning all about healthy food and saving money. Revive & Thrive has been very helpful for me and my family."*



*"Revive & Thrive takes the stress out of eating while going through cancer treatment. I don't have to worry about what I'm going to cook, and I don't have to worry about whether I will have the strength to cook."*



*"Thank you so much for your kindness! The food is delicious, nutritious, and ready to eat."*